



NUTRITIONAL INFORMATION

Louisiana Gumbo Mix

Nutritional Information per serving: Calories 15 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 125 mg * Carbohydrates 4 grams * Sugars 0 grams * Protein 0 g

Ingredients: Cornstarch, red and green bell pepper, parsley, onion, Creole seasoning (salt, spices, paprika, and dehydrated garlic, less than 2% silicon dioxide (to prevent caking)), spices and garlic.

Baked Potato Soup

Nutritional Information per serving: Calories 60 (calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 660 mg * Carbohydrates 14 grams * Fiber 1g * Sugars 0 grams * Protein 1 g

Ingredients: Potato flakes (potatoes, mono- and di-glycerides, sodium acid pyrophosphate, sodium bisulfate, citric acid, and BHA added as a preservative), chicken soup base ((salt, dextrose, maltodextrin, corn starch, sugar, dehydrated onion, hydrolyzed vegetable protein (hydrolyzed corn protein and sunflower oil), yeast extract, soybean oil (processing aid), silicon dioxide (anti-caking agent), rendered chicken fat with natural flavoring, and spice extractive (for color)), garlic salt (salt and garlic powder), onion powder, dill and black pepper. CONTAINS MILK AND SOY INGREDIENTS.

Three Cheese Garlic Biscuit Mix

Nutritional Information per serving: Calories 90 (calories from fat 30) * Total Fat 3.5 grams (Saturated Fat 1g * Trans Fat 1g) * Cholesterol 0 mg * Sodium 270 mg * Carbohydrates 12 grams * Sugars 1 grams * Protein 2 g

Ingredients: Enriched bleached flour ((bleached wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), vegetable shortening(contains one or more of the following: [canola and / or palm oil] with preservative [TBHQ], nonfat milk (fortified with Vitamins A & D), leavening (baking soda, sodium aluminum phosphate, aluminum sulfate, monocalcium phosphate), dextrose, contains 2% or less of: salt, whey), Parmesan cheese (whey, maltodextrin, buttermilk, natural Parmesan cheese flavor and salt), Asiago cheese (whey, maltodextrin, buttermilk, natural Asiago cheese flavor and salt), garlic powder , Cheddar cheese (whey, maltodextrin, buttermilk, natural cheddar cheese flavor and salt),and basil.

CONTAINS WHEAT AND MILK INGREDIENTS

Chicken Enchilada Soup Mix

Nutritional Information per serving: Calories 20 (calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 700 mg * Carbohydrates 4 grams * Sugars 1 grams * Protein 1 g

Ingredients: Chicken Soup Base (salt, dextrose, maltodextrin, corn starch, sugar, dehydrated onion, hydrolyzed vegetable protein (hydrolyzed corn protein and sunflower oil), yeast extract, soybean oil (processing aid), silicon dioxide (anti-caking agent), rendered chicken fat with natural flavoring, and spice extractive (for color), Masa (corn treated with lime water), Powdered Cheese (Whey, reduced lactose whey, butter (cream, salt), buttermilk, salt, cheese [cheddar and blue cheeses (cultured milk, salt, and enzymes)], disodium phosphate, natural flavor, color (paprika, turmeric, and annatto), lactic acid, citric acid, and less than 2% silicon dioxide added as an anti-caking agent), Garlic Salt, Chili Powder, Parsley, Black Pepper, Cilantro, and Oregano. Contains Milk.

Taco Soup Mix

Nutritional Information per serving: Calories 20 (calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 580 mg * Carbohydrates 4 grams * Sugars 1 grams * Protein 1 g

Ingredients: Onion, salt, chili powder, garlic powder, herbs, and seasonings.
CONTAINS A SOY INGREDIENT

Chicken Enchilada Soup Mix

Nutritional Information per serving: Calories 20 (calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 700 mg * Carbohydrates 4 grams * Sugars 1 grams * Protein 1 g

Ingredients: Chicken Soup Base (salt, dextrose, maltodextrin, corn starch, sugar, dehydrated onion, hydrolyzed vegetable protein (hydrolyzed corn protein and sunflower oil), yeast extract, soybean oil (processing aid), silicon dioxide (anti-caking agent), rendered chicken fat with natural flavoring, and spice extractive (for color), Masa (corn treated with lime water), Powdered Cheese (Whey, reduced lactose whey, butter (cream, salt), buttermilk, salt, cheese [cheddar and blue cheeses (cultured milk, salt, and enzymes)], disodium phosphate, natural flavor, color (paprika, turmeric, and annatto), lactic acid, citric acid, and less than 2% silicon dioxide added as an anti-caking agent), Garlic Salt, Chili Powder, Parsley, Black Pepper, Cilantro, and Oregano. Contains Milk.



Tortilla Soup Mix

Nutritional Information per serving: Calories 25(calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 890 mg * Carbohydrates 5 grams * Sugars 1 grams * Protein 1 g

Ingredients: Chicken Soup Base (salt, dextrose, maltodextrin, corn starch, sugar, dehydrated onion, hydrolyzed vegetable protein (hydrolyzed corn protein and sunflower oil), yeast extract, soybean oil (processing aid), silicon dioxide (anti-caking agent), rendered chicken fat with natural flavoring, and spice extractive (for color), minced onion, garlic powder, chili powder, spices, and lemon pepper (dehydrated garlic, black pepper, salt, cornstarch, citric acid, dehydrated lemon peel, sugar, onion, soybean oil, natural flavor and oleoresin of turmeric).

CONTAINS MILK AND SOY INGREDIENTS

It's a Real Dill Dip Mix

Nutritional Information per serving: Calories 0 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 85 mg * Carbohydrates 0 grams * Sugars 0 grams * Protein 0 g

Ingredients: Minced onion, seasoned salt (salt, sugar, onion, paprika, corn starch, garlic, turmeric, oleoresin of paprika (for color), spices, spice extractive, and less than 2% soybean oil as a processing aid), parsley and dill.

BLT Dip Mix

Nutritional Information per serving: Calories 5 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 15 mg * Carbohydrates 1 grams * Sugars 0 grams * Protein 0 g

Ingredients: Imitation bacon bits (textured soy flour, partially hydrogenated soybean oil, salt, natural and artificial flavor, dextrose, FD & C Red # 3 and 40 Food color), dried tomatoes, and parsley.

CONTAINS A SOY INGREDIENT

Jalapeno Bacon Cheddar Dip Mix

Nutritional Information per serving: Calories 10 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 75 mg * Carbohydrates 2 grams * Sugars 0 grams * Protein 0 g

Ingredients: Jalapeño powder, imitation bacon bits (textured soy flour, partially hydrogenated soybean oil, salt, natural and artificial flavor, dextrose, FD&C Red #3 and #40 food color),dried tomatoes, and parsley.

CONTAINS A SOY INGREDIENT



Jalapeno Garlic Cheese Ball Mix

Nutritional Information per serving: Calories 15 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 125 mg * Carbohydrates 2 grams * Sugars 0 grams * Protein 1 g

Ingredients: Imitation bacon bits (textured soy flour, partially hydrogenated soybean oil, salt, natural and artificial flavor, dextrose, FD&C Red #3 and #40 food color), onion, red bell pepper, green bell pepper, jalapeno powder, garlic powder and spices.

CONTAINS A SOY INGREDIENT

Taste of Tuscany Cheese Ball Mix

Nutritional Information per serving: Calories 10 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 0 mg * Carbohydrates 2 grams * Sugars 0 grams * Protein 0 g

Ingredients: Red bell pepper, onion, spices, and garlic powder (garlic, less than 2% silicon dioxide for anti-caking).

Gusto Garlic Pesto Cheese Ball Mix

Nutritional Information per serving: Calories 5 (calories from fat 0) * Total Fat 0 grams * Cholesterol 0 mg * Sodium 110 mg * Carbohydrates 1 grams * Sugars 0 grams * Protein 0 g

Ingredients: Onion, red bell pepper, salt, spices, sugar, mustard and garlic powder (garlic, less than 2% silicon dioxide for anti-caking).

Pumpkin Pie Cheesecake Mix

Nutritional Information per serving: Calories 60 (calories from fat 0) * Total Fat 0 grams (Saturated Fat 0g * Trans Fat 0g) * Cholesterol 0 mg * Sodium 0 mg * Carbohydrates 16 grams * Sugars 15 grams * Protein 0 g

Ingredients: Powdered sugar (sugar, cornstarch), brown sugar (sugar, cane syrup), ground cinnamon and spices.

